

The Mighty Oaks Women's Health Bike Ride!

Join Sport Aberdeen's Community Sport Team
for a free 1.5 Hour social bike ride
(Bikes & helmets available to borrow)

**ROCK
& RIDE** 
CHANGING
LIVES
THROUGH
CYCLING

Every Thursday 12:00-13:30

Start Point: Raymond Kelly Pavilion, Seaton, AB24 1TN

Free, but Eventbrite booking requested

Adult learn to ride, or cycle confidence sessions can also be
arranged - contact: Lbenson@sportaberdeen.co.uk

