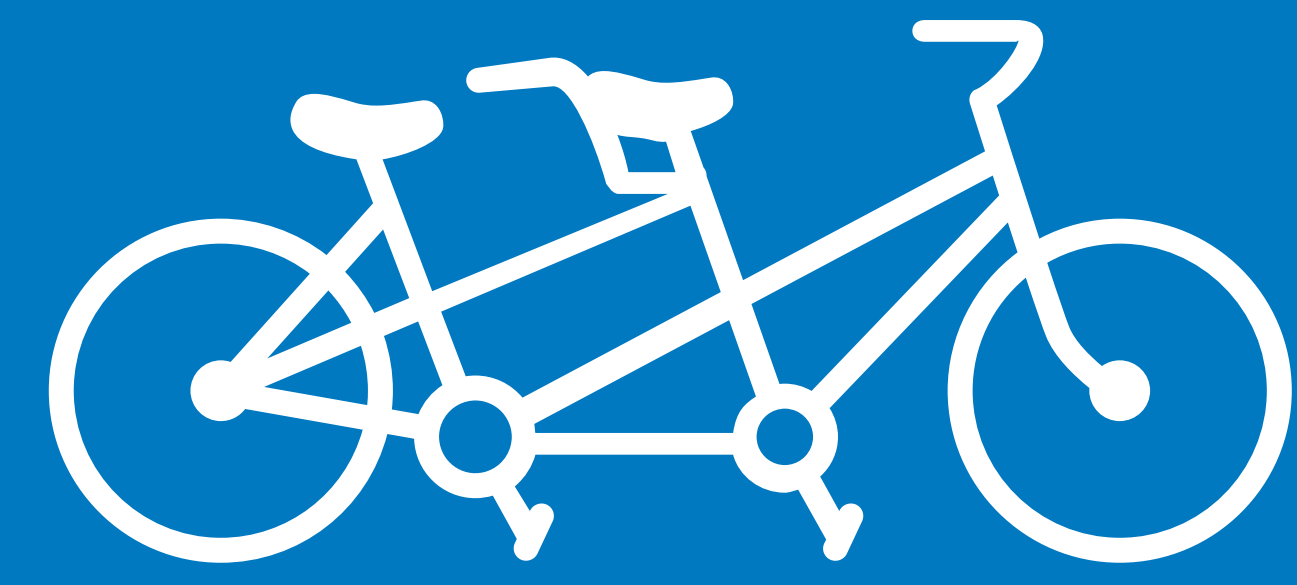
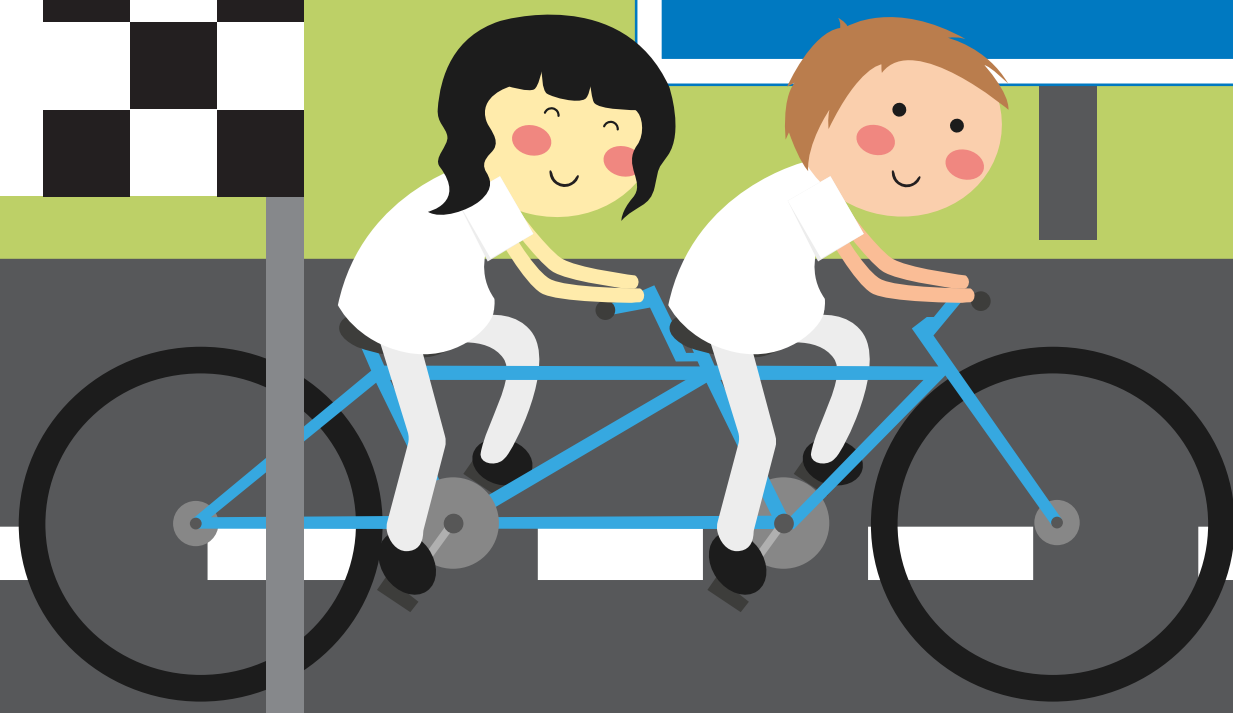


# The Psycho Social Intervention Journey



START



Initial Assessment

- Psychiatric Assessment
- Risk Assessment
- Illness History

Specific Assessment

- Social Functioning
- KGV Symptom scale
- Drug Attitude



Crisis

THERAPEUTIC ALLIANCE

Psycho-education

- Stress vulnerability model
- Models of psychosis

SHARED UNDERSTANDING



Unhelpful Behaviours

Time Line

Guided Discovery

- Early signs monitoring
- Homework
- Functional Analysis
- Behavioural experiments

- Formulation
- Problem Identification
- Goal setting



High Expressed Emotion

HOMEWORK

- Psycho-education
- Coping Strategy Enhancement

Family / Carers



Medication Issues

Lifestyle Management

- Stress management
- CBT Interventions

Evaluation

- Core
- Goals
- Service

RECOVERY

FUTURE

